



TERMS AND CONDITIONS

Acceptance to a Mindfulness Journeys retreat is based on the following:

- Receipt of your deposit or payment in full
- Email confirmation from Mindfulness Journeys

PAYMENTS

All prices and payments are in Euros. Payments can be made via Electronic Fund Transfers (EFT) only

- The payment can be made in full
- A 50% deposit is necessary to secure your reservation
- Balance is payable 10 weeks prior to arrival day
- Bookings made less than 10 weeks prior to arrival day must be paid in full.
- All bank charges must be covered by you, otherwise there will be a shortfall in your payment. Should the deposit/payment not be received within the time frame specified, Mindfulness Journeys reserves its right to cancel your booking(s) and to charge the applicable cancellation charges set out below.

CANCELLATION

- Up to 56 days (8 weeks) before departure loss of deposit (50% of the total price)
- 55-30 days before departure loss of 80% of the total price
- 29 days or less before departure or for non-arrivals loss of 100% of total price.

To cancel, you must send an email stating that you wish to cancel to: shannon@mindfulnessjourneys.com.

Please note that all cancellations are only effective once confirmed by an email from Mindfulness Journeys.

Please note that there will be no refunds or discounts for arriving late, leaving early, flight cancellations, travel delays or illness. If you cancel your participation in a retreat for any reason, the cancellation policy will apply, with no exceptions. We wish we could compensate people for unforeseen circumstances (injury, family emergency, etc), but we have costs already incurred when reserving retreat centres and hotels. To protect yourself further, we strongly encourage you to purchase travel insurance.

TRAVEL INSURANCE

We do not accept liability for loss or damage to your personal property or any medical condition, which may develop during or after your trip. We highly recommend that you purchase trip insurance, which will protect you in case:

- you cancel your participation in the retreat
- your retreat is cancelled due to weather, natural disaster, or not enough participants
- of lost baggage
- of medical expenses and the cost of repatriation should you become ill or injured

For travel insurance we recommend: www.worldnomads.com

EXCLUSIONS

Without limitation, Mindfulness Journeys is not responsible or liable for bodily injury, death, delays, changes or losses caused by, but not limited to acts of God, war, threat of war, closure of airports, civil strife, natural disasters, accidents or any other events beyond or within our control; guests' injuries, illnesses, medical or psychiatric conditions developed during or subsequent to the holiday; loss of/or damage to personal property of guests.

Contact: shannon@mindfulnessjourneys.com